# WELCOME Parents and Players to the 2024 Youth LAX SEASON!



# Lacrosse continues to be one of the fastest growing sports in the US!

"Lacrosse is characterized by intense action, strategy, finesse, and power. It is a game with long, looping passes and short bullet-like shots. Players are to catch a pass over the shoulder while running at full stride, to hit the top corner of the net while in full flight, or to stop a shot aimed low through a maze of players. This requires a range of skills unsurpassed in any other sport. The nature of the game makes it a great spectator sport."

### **OUR PLEDGE**

- To foster a competitive, premier player development program
- To provide an organized, safe, fun and memorable experience
- To teach fundamental skills, sportsmanship and good character
- To prepare athletes for immediate success in High School
- To promote, stimulate, and grow public interest and understanding
- To "Honor the Game"

### Live, Learn, Love Laker LAX!



### FOLLOW / LIKE US!





Join Group

FOLLOW US ON





# WHO WE ARE

14 LAKER TEAMS 220+ YOUTH LAKER LAXERS \*Largest LAX Program in the State!

Volunteer-Based Program

Our goal is to tenure board members to incorporate new ideas and keep the program moving forward in all areas.

#### • 100% Self-funded: What is the money being used for?

- Tournament fees, League Dues, Insurance, Referees, Coach Compensation, Field Prep, Facility Rental Fees, Pinnies, Goals/Nets, Lacrosse Balls
- Registration dues do not cover the full annual budget
- Donors/sponsors are vital to help address meeting the annual financial need

#### • Why register early?

Planning schedules, coaching assignments, equipment and uniform needs

#### • Community Partnership:

- Outstanding Parent and Volunteer Base
- Good Working Relationship with SLPS Athletic Director
- Legacy Athletes Giving Back (coaching/networking)



### WHO WE ARE (cont'd) Board Members

#### **Executive Board**

President - Karianne Isard VP/Tech Director - Joseph Van Harken Secretary - Jen Crosswait Treasurer - Kyle Edwards Comms Director - Sarah Taylor

#### **Program Directors**

Girls' Youth Director - Amber Bolhuis Boys' Youth Director - Ryan Jaeger Girls' Coaching Director - Sarah Emmorey Boys' Coaching Director - John Heritage Secretary Trst - Randee Tidswell Treasurer Trst - Jason Smith Committee Trust Member- Nate Crosswait Committee Trust Member- Patrick Lamppa Committee Trust Member- Chris Martinez Fundraising/Sponsorship- Jen Brewster



#### <u>Trustees</u>

# WHO WE ARE (cont'd) WE NEED YOUR HELP... SL Lax program does NOT thrive without YOUR help!

- Field Prep
- Team Managers (once teams are assigned)
- Game Day Volunteers for Scoreboard and Stats

Please contact your coach via TeamSnap or complete volunteer form, click or scan QR code



(Click or Scan QR)

FORM

### THANKS 2023 SPONSORS!!!

### **Faceoff Sponsor**



### **Scholarships**

The Doss Family The Vickers Family The King Family The Heritage Family The Richardson Family The Zettel Family



### Make a Donation

The Tracey Family The Curtis Family The Zettel Family Laker Storage Locker Port City Pediatrics Stan's Bar

### Laker Friends & Family

The Ireland Family The Bolhuis Family The Lukas Family The Maloney Family The Kuipers Family The Hunt Family The Kennedy Family The Wheeler Family The Westhoff Family The Arends Family The Marine Family The Groeneveld Family The Holden Family The Lukas Family The Zettel Family

### THANKS 2024 EARLY SPONSORS!!!

#### Elite Faceoff Sponsor FOURLOGO HERE REALTY PARTNERS



Top Goal YOUR LOGO HERE

#### **Laker Friends & Family**

The Barber / Duell Family The Joshi Family The Cherney Family The Smith Family The Lamppa Family The Gillish Family

#### Scholarship / Make-A-Donation

The Devasconcellos Family The Richardson Family The Johnston Family The Alderink Family

CONTACT

sponsor@springlakelax.org

Jen B: (231)220-3045 Karianne I: (248)767-6709

## **2024 SPONSORSHIP LEVELS**

#### ELITE: \$2,500

- Name or logo on individual 4x6 banner at the lacrosse field for the 2024 season
- Leading location of company logo on signage and social media

#### FACEOFF: \$1,500

- Name or logo on individual 3x5 banner at lacrosse field for the 2024 season
- Logo on lacrosse website and social media

#### **TOP GOAL: \$500**

- Name or logo on individual 2x3 banner at lacrosse field for the 2024 season
- Logo on lacrosse website and social media

#### FRIENDS & FAMILY: \$200

Name on lacrosse website and social media

#### SCHOLARSHIP / MAKE-A-DONATION: \$Donor Choice

- A Laker Lax player in need will benefit from your sponsorship
- It is a great way to give back to our community
- Name on lacrosse website and social media

#### Tournament T-Shirt: \$Contact Us

- Do you or someone you know make T-Shirts? This level is for you!
- Shirts provided by supplier of sponsor choice
- Name and logo on 2024 tourney t-shirt designs
- Logo on lacrosse website and social media

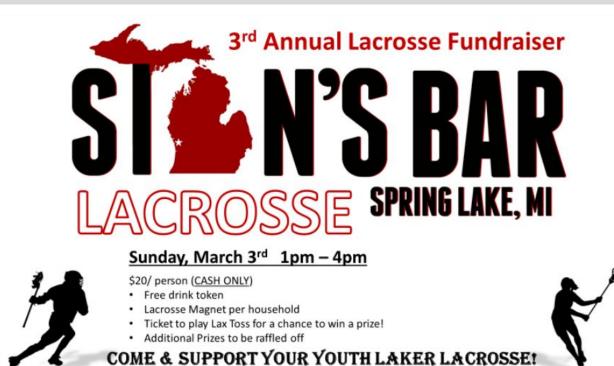


#### CONTACT

sponsor@springlakelax.org Jen B: (231)220-3045 Karianne I: (248)767-6709



### **2024 STAN'S BAR FUNDRAISER**

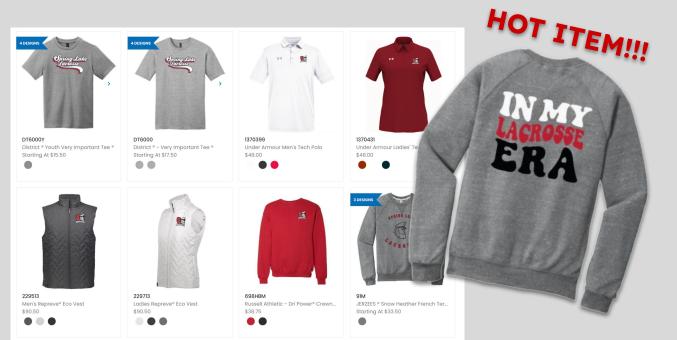




PRE-SALE TICKETS

#### Many thanks to our donors and sponsors for your support!

### **SWAG STORE IS OPEN!**





#### **ORDER NOW!**



(Click or Scan QR)

### **NEW THIS SEASON**

[ADMIN] Player-owned Uniforms



**[VIDEO]** 7/8 Girls & Boys Home Games Captured via (AI) Cameras

[ADMIN] Updated Code-of-Conduct (PLAYERS/COACHES/PARENTS)

#### eSIGN FORM



(Click or Scan QR)





[COACHING] Upgraded Coaching Strategy [COACHING] Meet-the-Coach BREAKOUT SESSIONS



### **TEAMSNAP HELPFUL HINTS**

- Download TeamSnap App before you leave tonight!
- Login to your profile to:
  - Set notifications to receive team emails and chat messages
  - Add Family Members to an athlete's profile
    - Check out <u>"Getting Started Guide"</u> for additional helpful hints
    - Use web platform for troubleshooting
      - https://www.teamsnap.com/
    - 24/7 Access to TeamSnap Support Team for specific questions/issues

# Please use for all team communication!



ACROSSE





### **2024 BOYS' SEASON INFO**

**Ryan Jaeger** - Boys' Youth Program Director **John Heritage** - Boys' Youth Coaching Director



#### **OPPONENTS**

- East Grand Rapids
- Forest Hills Eastern
- Forest Hills Central
- Hudsonville
- Rockford
- Forest Hills Northern
- Caledonia
- Regional Tournament Teams

#### **TOURNAMENTS** \*Subject to change

- Play Day: EGR & Brother Rice (5/5)
- Laxfest with Grand Haven (4/20)
- Boyne Mountain Northern Tourney (4/27-4/28)
- King of The Hill (5/18)
- Maybe: Eagle Jam, SL Invitational



### 2024 BOYS' SEASON INFO (cont'd)

- First Practice 3/18 (weather permitting)
- **Practice Times** Will be communicated in TeamSnap \*K-2 starts after Spring Break
- Player Evaluations
  - Coaches evaluating during first week of practice.
  - Criteria: Experience, Attitude, Ability
  - Goal: Ideal team sizes to support player development
- Game Days Mostly Mondays & Wednesdays. Weekend Tournaments.

#### • Opponents

- Regular season Both Red/Grey to play same locations when possible
- Tournaments Follow guidelines, ie. upper/lower tier
- No Busing (for club sports)



# 2024 BOYS' SEASON INFO (cont'd)

### **Coaching Strategy:**

- Invest in our coaching staff (off-season clinics)
- Board-lead application process
- Selection criteria:
  - College-level playing experience. (Head Coaches)
  - High-level game knowledge to teach
  - Positive youth coaching experiences





### 2024 BOYS' SEASON INFO (cont'd)



<u>Boys K-2</u> <u>Academy</u>	<u>Boys 3rd</u> <u>Grey</u>	<u>Boys 4th</u> <u>Red</u>	<u>Boys 5th</u> <u>Grey</u>	<u>Boys 6th</u> <u>Red</u>	<u>Boys 7th</u> <u>Grey</u>	<u>Boys 8th</u> <u>Red</u>
Practice M/W	Practice M-W	Practice M-W	Practice M-Th	Practice M-Th	Practice M-Th	Practice M-Th
1.0 Hour	1.5 Hour	1.5 Hour	1.5 Hours	1.5 Hours	2.0 Hours	2.0 Hours
Coaches:	Head Coach:	Head Coach:	Head Coach:	Head Coach:	Head Coach:	Head Coach:
Ryan Jaeger	Steve Allison	Andy Sharp	Parker Wiersma	Chad Burton	Nicky Jaenicke	Trevor Johnson
Asst Coach:	Asst Coach:	Asst Coach:	Asst Coach:	Asst Coach:	Asst Coach:	Asst Coach:
Volunteers	Aaron Velthouse	Nate Crosswaite	Patrick Lampa	Jason Smith	Sean Carrns	Mike Campbell
Parents						
	Format:	Format:	Format:	Format:	Format:	Format:
Format:	7 v 7	7 v 7	10 v 10	10 v 10	10 v 10	10 v 10
Academy	Target Size: 14	Target Size: 14	Target Size: 20	Target Size: 20	Target Size: 20	Target Size: 20
Registered: 32	Registered: 16	Registered: 15	Registered: 19	Registered: 20	Registered: 22	Registered: 12

# **Boys' Mandatory Equipment**

(handout provided at meeting)

- Boys' Stick (Boys and Girls sticks are different)
- Helmet
- Gloves
- Elbow Pads
- Shoulder Pads/Chest Protectors (NOCSAE/EKG Standard Required)
- MouthGuard (No White or Clear)
- **Cleats** (Soccer or Lacrosse. No baseball or metal)
- NEW: Uniforms shipped directly to player
- Compression Shorts and/or Cup strongly recommended!



# **Basic Skills for Season Prep**

- Wall Ball use the SL Youth Lacrosse Wall located behind Spring Lake Intermediate/Middle School <u>https://www.everettlacrosseclub.org/wall-ball</u>
- Cradling, Catching, and Throwing
  <a href="https://beginnerlacrosse.com/cradling">https://beginnerlacrosse.com/cradling</a>
  <a href="https://springlakelax.teamsnapsites.com/girlslaxvideos/">https://springlakelax.teamsnapsites.com/girlslaxvideos/</a>
- Visit the SLHS Lacrosse Field to Shoot on Goal and Run - gate is always open and remember to leave the field in better shape than when you arrived!



### MEET YOUR COACHES BREAKOUT SESSIONS



Auditorium K-2 Remain Here
 Media Center(library) = 3/4 Grade
 Small Gym = % and <sup>7</sup>/<sub>8</sub> Grade (split)

Any Questions please email us at sllakerlax@gmail.com

# Let's have a safe, successful season and represent our community with integrity and good sportsmanship!



# THANK YOU! THINK SPRING! THINK LAKER LAX!!

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